

There is nothing more relaxing than a day at the spa. It's time away from your phone, appointments, and other distractions that can leave you tense and stressed.

Massages, facials and other treatments will rid you of life's troubles, and leave you refreshed and ready to face the world again.

Spas

Welcome retreats



La Mer Spa

One of the ways to feel like you're on a vacation without ever leaving these shores is to take a drive or boat trip to East End. This charming, quiet district has nothing like the kind of traffic that you'll find in the Seven Mile area, so you can take your time and relax.

If you take a weekend to get away to East End, why not enhance your stay with a spa treatment at La Mer Spa, located at Morritts Resort? You can stop by and get a facial, massage or body therapy service without having to drive back to town. The convenience is fantastic, and the experience is heavenly. There's even a couple's massage suite, complete with shower, and a sauna for removing all those toxins.

La Mer Spa in East End has got some terrific specials going on in May, so you can take advantage when indulging in a girlie weekend, or maybe treating your Mum to a little rest and relaxation as a Mother's Day surprise.

Book any two of the following treatments, and get 15 percent off from May 4 to 18:

Facial

Massage

Body therapy

(Treatments must be 50 minutes or more)

There is also a special of 15 percent off all Yon-Ka Skin Care products for the entire month of May – a fantastic deal on this exclusive and world-famous line direct from Paris.

Of course after a visit to La Mer Spa in East End, you may find yourself addicted to the fabulous treatments it offers. Luckily you can still enjoy the La Mer Spa experience when you return to the hustle and bustle of George Town. There are two locations along the Seven Mile corridor: The Marriott Grand Cayman Beach Resort, and at the Grand Cayman Beach Suites.

Both offer unique experiences, including rooftop massage, and hair salon stations.

No matter where you are in Grand Cayman, you are never far away from a La Mer Spa and all the wonders it has to offer.